



# March

*The official publication of Incarnation Lutheran Church*

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## Update from the Memorial Garden Board:

Due to the increase in engraving cost to niche fronts the MGB voted on February 7th to increase the price of niches from \$1200 to \$1500 per niche. This increase will be effective April 13, 2024, the 11th anniversary of our columbarium.



## PASTOR EMILY

Julian of Norwich (1342-1416) was a religious recluse and mystic known as an anchoress who lived in a cell adjoining the parish Church of St. Julian in Conisford at Norwich in the latter half of the 14th century. When she was thirty years old she became so ill that the local priests administered last rites. She wrote that she was sick for three days and three nights and did not expect to survive. During her illness Julian experienced sixteen visions or revelations about God's love. When she recovered, she spent the remainder of her life contemplating their meanings and writing about them. As a Lenten devotion, I'd like to share her first vision as a means for us to meditate on God's great love for us.

"And in this he showed me something small, no bigger than a hazelnut, lying in the palm of my hand, as it seemed to me, and it was as round as a ball. I looked at it with the eye of my understanding and thought: What can this be? I was amazed that it could last, for I thought that because of its littleness it would suddenly have fallen into nothing. And I was answered in my understanding: It lasts and always will, because God loves it; and thus everything has being through the love of God.

In this little thing I saw three properties. The first is that God made it, the second is that God loves it, the third is that God preserves it. But what did I see in it? It is that God is the Creator and the protector and the lover. For until I am substantially united to him, I can never have perfect rest or true happiness; until, that is, I am so attached to him that there can be no created thing between my God and me.

This little thing which is created seemed to me as if it could have fallen into nothing because of its littleness. We need to have knowledge of this, so that we may delight in despising as nothing everything created, so as to love and have uncreated God. For this is the reason why our hearts and souls are not in perfect ease, because here we seek rest in this thing which is so little, in which there is no rest, and we do not know our God who is almighty, all wise and all good, for he is true rest. God wishes to be known, and it pleases him that we should rest in him; for everything which is beneath him is not sufficient for us. And this is the reason why no soul is at rest until it has despised as nothing all things which are created. When it by its will has become nothing for love, to have him who is everything, then is it able to receive spiritual rest."

-Julian of Norwich

*Pastor Emily*

# Holy<sup>+</sup>Week **SCHEDULE**

**March 24th (Palm Sunday)** - Adults and children are invited to make Palm crosses during Sunday School.

**March 28th (Maundy Thursday)** - 6:00 pm  
Worship with Footwashing and the Stripping of the Altar

**March 29th (Good Friday)** - 6:00 pm  
Worship continues with candle lighting and prayer

**March 30th (Holy Saturday)** 10:00 am - 12:00 pm  
The children of the church gather for crafts and learning and to make communion bread for Easter morning.

**March 31st (Easter Sunday):**

8:30 am - Easter Breakfast

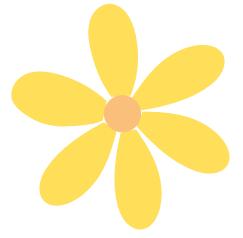
10 am - Festival Worship

11:30 am - Egg Hunt for Children and Adults

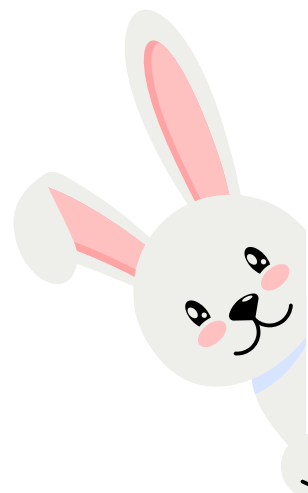




# CDC



## Swinging into Spring!



# FAITH FORMATION CORNER

So many events are coming up in March. First, I am excited to announce our 2024 Vacation Bible School week and theme. VBS will be June 24-27. Please let me know if you can volunteer during the week. Our theme this year is Camp Firelight. We will learn to confront fears and trust in God through activities and Bible stories. The theme verse for VBS is "Whenever I'm afraid, I put my trust in you" (Psalm 56:3). VBS is from 9 am to 12 pm. Knowing that our VBS time doesn't work for everyone, join us for a Backyard "Camp" Out/Cook Out on Wednesday, June 29th, for a taste of VBS. Our Backyard Camp Out/Cook Out is for everyone to attend, kids and adults. There will be something for everyone. An exact time for this event will be announced soon.

There will be two opportunities to come and learn how to make palm crosses for Palm Sunday. The first will be Wednesday, March 20th, at 5:30 pm, and the second is Sunday, March 24th, at 9:00 am during Sunday School time. Learning to make palm crosses was a big hit last year. This event is for anyone and everyone to attend. We need to make at least 100 crosses to make sure everyone has one to wear on Palm Sunday.

On Saturday, March 30th, Holy Saturday is a time for us to gather together from 10 am to noon, where we will be telling the story of Easter, baking Communion Bread, and doing a fun Easter craft.

Look for more information to come out soon for Easter Sunday Egg Hunt donations. After service, we will have our annual Egg Hunt on Sunday, March 31st.

**Save The Date**  
**Incarnation Lutheran Church**  
**VBS 2024**

**JUNE 24-27**

Completed K to 5th grade

Registration Information to follow



Come learn how to make a Palm Cross or Two

Wednesday- March 20 at 5:30 pm  
and  
Sunday-March 24 at 9 am during  
Sunday School



## MUSIC CORNER

The National Lutheran Choir is coming to St. Stephen's Lutheran Church in Lexington, SC. The choir will be performing on Saturday, March 2, 2024 at 3:00 pm.

Incarnation Lutheran has a limited number of free tickets we can provide. If you are interested in one, please contact Pastor Emily or the office.

Facebook Event/Tickets:

<https://www.facebook.com/events/7405438862802040>

## ANJAY'S KICKIN' CHICKEN CHILI

Congratulations to Anjay Williamson for winning the Souper Bowl Chili Cook-Off and taking home the Golden Ladle! Below is her recipe for the 2024 winning chili.

### **Kickin' Chicken Chili**

1 lb. boneless, skinless chicken breasts (or 2 large)  
2 15 oz. cans black beans, drained and rinsed  
1 15 oz. can sweet corn, drained  
1 10 oz. can Rotel tomatoes (I used medium; can use mild or hot)  
1 8 oz. block cream cheese  
1 1 oz. packet Ranch dressing mix  
2 cups chicken broth  
1 tsp. cumin  
1 tsp. chili powder  
1 tsp. onion powder  
½ packet Taco seasoning

1 cup shredded cheddar cheese

Place chicken breasts in slow cooker, top with cream cheese block. Mix the rest of the ingredients and pour over chicken, making sure to cover. Cook on low for 6-8 hours or high for 3-4 hours.

Remove chicken from slow cooker and shred using two forks. Stir chicken back into chili, and add cheese, stirring until melted. Serve with extra cheese, sour cream or green onions.

If chili seems too thick, can thin it out with more chicken broth.

# STEWARDSHIP

*Steward Your Soul for a Fuller Life!*



Jesus teaches, “What good is it for someone to gain the whole world, yet forfeit their soul? Or what can anyone give in exchange for their soul?” –Mark 8:36, 37

Instead of the superficial “How’s it going?” a wise colleague asks friends, “**How is your soul?**”

The question requires effort. To answer it I must plunge deep inside -- below the constantly churning waters of everyday joys, hopes, ambitions, desires, anxieties, and disappointments. These are so strong, especially our desires and ambitions, that if we are not careful, they can absorb all our time and energy.

Jesus repeatedly warns us not to let our desires and our worries engulf us, keeping us from paying attention to the soul. Our soul is where we connect with God, the source of our greatest strength and truest identity. Without attention, our soul can dry up like a plant without water. As with all the treasures God has given us, we must be stewards of our souls.

The mystics of old and modern prophets (such as Richard Rohr, Marjorie Thompson, or Howard Thurman) teach us to employ prayer, holy silence, and other spiritual disciplines to tend our souls and keep worldly worries and desires from overwhelming us.

This month, begin a daily practice of caring for your soul. You might begin with five minutes of spoken prayer followed by five minutes of silence. Or reflect deeply on a Scripture passage. Or try prayerful yoga. (Your pastor might be able to give you some resources or ideas.)

**With a little practice and attention, you can become stronger, more centered, and more spiritually resilient. How is your soul?**

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MARCH 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
25	26	27	28	29	1	2
9am - Handbell Choir 9am - Sunday School 10am - Worship 11am - Executive Council 11am - W&M Meeting 11:30am - Confirmation	6pm - Troop 8	9am - Staff Meeting 10am - Quilting Group 3:45pm - Kid's Chapel in 6pm - Pack 8	11am - Kids Chapel in 11am - Wednesday Bible 6pm - Lenten Meal and 7pm - Chancel Choir	6pm - Mary Martha		
3	4	5	6	7	8	9
9am - Handbell Choir 9am - Sunday School 10am - Worship 11am - Executive Council 11am - W&M Meeting 11:30am - Confirmation	9am - Staff Meeting 10am - Quilting Group 3:45pm - Kid's Chapel in 6pm - Pack 8	11am - Kids Chapel in 11am - Wednesday Bible 6pm - Lenten Meal and 7pm - Chancel Choir	6pm - Mary Martha			
10	11	12	13	14	15	16
9am - Handbell Choir 9am - Sunday School 10am - Worship 11:30am - Confirmation	6pm - Troop 8	9am - Staff Meeting 10am - Quilting Group 3:45pm - Kid's Chapel in 6pm - Pack 8 6:30pm - Council Meeting	11am - Kids Chapel in 11am - Wednesday Bible 6pm - Lenten Meal and 7pm - Chancel Choir			
17	18	19	20	21	22	23
9am - Handbell Choir 9am - Sunday School 10am - Worship 11:30am - Confirmation	6pm - Troop 8	9am - Staff Meeting 10am - Quilting Group 3:45pm - Kid's Chapel in 6pm - Pack 8	11am - Kids Chapel in 11am - Wednesday Bible 6pm - Lenten Meal and 7pm - Chancel Choir			
24	25	26	27	28	29	30
9am - Handbell Choir 9am - Sunday School 10am - Palm Sunday	6pm - Troop 8	9am - Staff Meeting 10am - Quilting Group 3:45pm - Kid's Chapel in 6pm - Pack 8	11am - Kids Chapel in 11am - Wednesday Bible 7pm - Chancel Choir	6pm - Maundy Thursday 6pm - Good Friday		10am - Holy Saturday
31	1	2	3	4	5	6
9am - Handbell Choir 9am - Sunday School 10am - Easter Worship						



# LITTLE FREE PANTRY

As colder weather approaches, please remember the Little Free Pantry. We refill the pantry twice a week. Our community seems to depend on our help to feed them. Please remember to bring some of the items listed below or donate specifically to the Little Free Pantry online or in your usual donation.

Items needed: Tuna Fish, Canned Meals like Chili, Beef Stew, Mac and Cheese, and Ravioli, Cereal - hot and cold, Fruit cups, Soup, Granola Bars, Fruit bars Crackers - plain and filled, Pasta, Spaghetti sauce, Water, Toiletry items - toothpaste, toothbrushes, soap, shampoo (NO mouthwash,) Hand Wipes, Hand Sanitizers - small size.

## GET IN TOUCH

Our Ministry Staff contacts are:

Rev. Emily Willhide.....pastoremily@incarnationlutheran.com  
Dr. Patrick Hawkins; Dir. of Music & Organist.....music@incarnationlutheran.com  
Kimi Dail; Faith Formation Coordinator.....youth@incarnationlutheran.com  
Amy Kehl; Bookkeeper.....amy.kehl@incarnationlutheran.com  
Teresa Boykin; CDC Director.....cdc@incarnationlutheran.com  
Cherry Samuel; CDC-Byron Rd.....cdcbyron@incarnationlutheran.com  
Charlotte Dover; Parish Administrator.....office@incarnationlutheran.com

**Worship:** Sundays at 10 a.m.

**Sunday School** for all ages at 9 a.m.

(10 a.m. Worship is also live streamed on Facebook.)

**Office Hours:** Monday - Friday, 9 a.m. - 1 p.m.

3005 Devine Street, Columbia, SC 29205

Office: 803-256-2381

CDC: 803-661-6378

[www.incarnationlutheran.com](http://www.incarnationlutheran.com)

[www.facebook.com/IncarnationLutheranChurch](https://www.facebook.com/IncarnationLutheranChurch)