



# March

## THE CONTACT

*The official publication of Incarnation Lutheran Church*

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### Quilt Sunday - Sunday, March 19th:

Quilts symbolize strength, resiliency and the creative spirit that allowed those sewing them to celebrate and cope with life. Did you know, the word “Quilt” is Latin for “stuffed sack” and that the oldest quilt was found in a Mongolian cave dating back to 100-200 BC!

On Sunday March 19th we will be celebrating National Quilting Day and the women in our church quilting group. Each week this group of women make quilts that are then donated to those who could benefit in being wrapped in their warmth.

The quilts made in the past few months will be on display that day and we hope that you will come back to the Fellowship Hall after church to enjoy coffee and dessert and learn about how the quilts are made and some interesting facts about this unique craft.



## A NOTE FROM PASTOR EMILY:

*And let us consider how we may spur one another on toward love and good deeds, not giving up meeting together, as some are in the habit of doing, but encouraging one another—and all the more as you see the Day approaching. - Hebrews 10:24-25*

Each year during Lent we intentionally engage in practices that help us grow in our walk of faith. While we encourage this during the entire year, Lent seems to lend itself especially well to the disciplines of discipleship: study, prayer, service, fasting, almsgiving, and worship, to name just a few. Often, these disciplines are undertaken on our own. They can be deeply personal journeys of faith, and what fits one person may not fit the next. I know of one pastor in the church who undertakes a beer fast each Lent. When I asked him about it he told me that the beer fast was created by German monks in the 17th century. While not a fast I am capable of undertaking, I applaud their creativity.

While Lenten disciplines are often practiced privately, there is a great deal of benefit from practicing them together. Many hands make light work, so the saying goes, and service projects certainly benefit from working together. Devotional prayer with a partner encourages us to gain a deeper understanding of one another and to lift one another up in prayer, even as we pray for our wider community. The study of scripture is another discipline best practiced with a group, as all of us benefit from hearing others' perspectives and interpretations of any given passage. Even our acts of giving can be done corporately as we designate our offering to a particular charity or cause.

Perhaps the discipline that best embodies the need to be together is worship. Worship on our own is certainly possible, but we are meant to worship together, whether we are in person or online. Being part of a community that reads scripture together, sings hymns together, and hears the word of God preached together is irreplaceable.

I invite you to come and be a part of worship and fellowship life with us during these forty days of Lent. We will gather each week on Sunday and Wednesday to worship together, we will break bread together in congregational meals, we will take part in bible studies and service projects. But we won't do these things in isolation. We will do them as part of a community of faith that believes in our bones that God created us to be in community because it is good for us to be together.

Please join us for this time of holy repentance and preparation, as we follow Christ's journey to the foot of the cross.

*Pastor Emily*

# CDC

*Raise your hand if...*



...you love that the weather is warming up and we can enjoy playing outside at our Child Development Centers!



# FAITH FORMATION CORNER

## Children Sunday School:

We have been having a wonderful time together each Sunday Morning for Sunday School. Thank you to all the teachers who are volunteering their time. If you are interested in teaching, please let Kimi know. See you at 9:15 am in the Incarnation CDC building.

## Family Lenten Craft and Learn:

For the Season of Lent our Craft and Learn time will be a time where we learn about this 40-day journey we are on as well as learn about prayer. Each Wednesday we will gather in the Reception Hall for a different craft each week. I look forward to our time together.

## Lent Worship Schedule at Incarnation

Join us for a family craft and learn at  
5:00 pm in the Reception Hall.

Lent 1: Wednesday, March 1st  
5:00 pm Come make a Family Prayer Jar  
5:45 pm Worship & Dinner

Lent 2: Wednesday, March 8th  
5:00 pm Come make a Prayer Bracelet  
5:45 pm Worship & Dinner

Lent 3: Wednesday, March 15th  
5:00 pm Come paint a beautiful Cross  
5:45 pm Worship & Dinner

Lent 4: Wednesday, March 22nd  
5:00 pm Come make a Mini Easter Garden  
5:45 pm Worship & Dinner

Lent 5: Wednesday, March 29th  
5:00 pm Come make Palm Crosses  
5:45 pm Worship & Dinner



SATURDAY, MARCH 18TH - 9:30 AM @ ILC

## ST PATRICK'S DAY PARADE!

Join us at ILC to watch the St. Patrick's Day Parade! We will have the sanctuary doors open for visitors and bathrooms.

WHO'S WHO OUTSIDE THE PEWS

## HOLY GUACAMOLE!

JOIN US AT CASA LINDA MEXICAN RESTAURANT  
(2009 NORTH BELTLINE)  
MARCH 23TH | 6 PM- 8 PM

# MUSIC

## *Handbell Retreat*

The handbell choir would greatly like to thank the Foundation for supporting their trip to the 2023 Lutheridge Handbell weekend in February. Our choir learned six anthems that they will use throughout the liturgical year.



# STEWARDSHIP

## *Holistic Stewardship for Lent*

For centuries Lutherans have observed Lent with passionate devotion and prayerful attention to spiritual disciplines. These faith practices strengthen our souls and open our hearts to the resurrected Christ at Easter.

This year, try developing a sense of holistic stewardship for your life. Stewardship, of course, looks at how we use not just our financial abundance but all the blessings that God has given us – our health, our family and friends, our faith, our time, our intelligence, and so on.

Just as holistic medicine takes a “big picture” view of physical health as a dynamic interconnection of our body’s systems, holistic stewardship helps us see and appreciate all our gifts in relationship to one another.

For instance, how does your stewardship of time interact with your stewardship of your relationships or health? How might more-thoughtful stewardship of your time improve your relationships or your health? How might better stewardship of time, relationships and health improve your financial abundance?

When you examine your stewardship of these and all your gifts in dynamic interconnection with one another, you can find more meaning and purpose as a disciple of Jesus.

To get there, for the days of Lent focus on just five major categories of the blessings God has given you easily remembered by the shorthand word FAITH.

**Family and friends** – nurturing relationships.

**Abundance** -- finance and material possessions.

**Intelligence** – your mind and special talents.

**Time** -- living fully 24/7.

**Health** – physical and emotional wellness.

Spend 15 minutes every day to prayerfully ponder and meditate on these FAITH blessings. Take stock of your blessings in each category, thanking God for them.

**This Lent, let holistic stewardship help you envision your gifts and life more fully in God’s reality, the reality called the Reign of God. It’s the Reign that Jesus preached and proclaimed, and that he brought to fulfillment with the victory over death that we celebrate at Easter.**

## MARCH AT INCARNATION LUTHERAN CHURCH

SUN	MON	TUE	WED	THU	FRI	SAT
5 9:00 am - Sun. School Choir: 9:15-9:45 am 10:00 am - Sunday Worship Confirmation Class 11:30 am Altar Guild Meeting PCO Concert: 6:00 pm	6 9:30 am - Tiny Dancers 6:00 pm - Troop 8	7 9:00 am - Staff Meeting 10:00 am - Quilting Group: Fellowship Hall Sanctuary: Chapel 3:45 6:00 pm - Pack 8	8 Bible Study: 11 am Sanctuary: Chapel 11-12 Handbells: 6:15 pm - Lent Craft and Learn: 5:00 pm Lent Evening Worship: 5:45 pm	9 Mary Martha 6 p m	10 Council Retreat: 9-1	11 Council Retreat: 9-1
12 9:00 am - Sun. School Choir: 9:15-9:45 am Children's Sunday School: 9:15-9:45 10:00 am - Sunday Worship Confirmation Class 11:30 am	13 9:30 am - Tiny Dancers 6:00 pm - Troop 8	14 9:00 am - Staff Meeting 10:00 am - Quilting Group: Fellowship Hall Sanctuary: Chapel 3:45 6:00 pm - Pack 8	15 Bible Study: 11 am Sanctuary: Chapel 11-12 Handbells: 6:15 pm - Lent Craft and Learn: 5:00 pm Lent Evening Worship: 5:45 pm	16 6:00 pm Holy Guacamole	17 St. Patrick's Day Festival 9:30 am	18 St. Patrick's Day Festival 9:30 am
19 9:00 am - Sun. School Choir: 9:15-9:45 am Children's Sunday School: 9:15-9:45 10:00 am - Sunday Worship Confirmation Class 11:30 am	20 9:30 am - Tiny Dancers 6:00 pm - Troop 8	21 9:00 am - Staff Meeting 10:00 am - Quilting Group: Fellowship Hall Sanctuary: Chapel 3:45 6:00 pm - Pack 8	22 Bible Study: 11 am Sanctuary: Chapel 11-12 Handbells: 6:15 pm - Lent Craft and Learn: 5:00 pm Lent Evening Worship: 5:45 pm	23 6:00 pm Holy Guacamole	24 Oyster Roast: 4-8 pm	25 Oyster Roast: 4-8 pm
26 9:00 am - Sun. School Choir: 9:15-9:45 am Children's Sunday School: 9:15-9:45 10:00 am - Sunday Worship Confirmation Class 11:30 am	27 9:30 am - Tiny Dancers 6:00 pm - Troop 8	28 9:00 am - Staff Meeting 10:00 am - Quilting Group: Fellowship Hall Sanctuary: Chapel 3:45 6:00 pm - Pack 8	29 Bible Study: 11 am Sanctuary: Chapel 11-12 Handbells: 6:15 pm - Lent Craft and Learn: 5:00 pm Lent Evening Worship: 5:45 pm	30	31	

Weekly 2023:

Quilting Group - Every Tuesday at 10:00 am

Handbell Choir during Lent - Every Wednesday from 6:45 - 7:15

Choir during Lent- Every Sunday from 9:15 am - 9:45 am

Mary Martha - Every Second Thursday at 6:00 pm

Holy Guacamole - Every Fourth Thursday at 6:00 pm

# LITTLE FREE PANTRY

Thank you to all who have been contributing food and donating money to purchase food for the Little Free Pantry. We are currently well stocked. The pantry is being well used by people in the community who are in need of food. I generally check it twice per week and each time it needs restocking. The need is great in our community.

We currently need the following items: Soup, Canned fish and meat, Juice, Fruit (cans or individual sized containers,) Crackers, Tooth Brushes, Toothpaste, Shampoo, Soap, Hand Sanitizers.

Place any donated items in the gray container in the hallway, near the church office. If the office is closed feel free to place items directly in the Little Free Pantry.

Thank you, Marcy Coster-Schulz

## GET IN TOUCH

Our Ministry Staff contacts are:

Rev. Emily Willhide.....pastoremily@incarnationlutheran.com  
Dr. Patrick Hawkins; Dir. of Music & Organist.....music@incarnationlutheran.com  
Kimi Dail; Faith Formation Coordinator.....youth@incarnationlutheran.com  
Amy Kehl; Bookkeeper.....amy.kehl@incarnationlutheran.com  
Teresa Boykin; CDC Director.....cdc@incarnationlutheran.com  
Cherry Samuel; CDC-Byron Rd.....cdcbyron@incarnationlutheran.com  
Charlotte Dover; Parish Administrator.....office@incarnationlutheran.com  
Gina Schaefer; Seminarian.....office@incarnationlutheran.com

**Worship:** Sundays at 10 a.m.

(10 a.m. Worship is also live streamed on Facebook.)

**Office Hours:** Monday - Friday, 9 a.m. - 1 p.m.

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Office: 803-256-2381

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